## Relevant Information on Pru Life UK's Training and Development Programmes for the Year 2018

#### PART I: SUMMARY

Ranks	Average Training Hours	Equivalent Number of Days
VP and up	22.8 hours	2.8 days
AM to AVP	42.5 hours	5.3 days
Staff to Supervisor	44.8 hours	5.6 days

#### PART II: INTERNAL TRAININGS

#### 1. Statutory Trainings

#### a. Hepatitis B Awareness & Prevention

Dates Held:	June 18
Number of Hours:	2 hours
Number of Employees Eligible/Required to Join:	Not Applicable
Number of Employees who attended:	11
- Number of VP and up:	0
- Number of AM to AVP:	0
<ul> <li>Number of Staff to Supervisor:</li> </ul>	11

# b. Sexually Transmitted Disease (STD)/Human Immunodeficiency Virus (HIV)-Acquired Immune Deficiency Syndrome (AIDS) in the Workplace

Date Held:	Nov. 12
Number of Hours:	2 hours
Number of Employees Eligible/Required to Join:	Not Applicable
Number of Employees who attended:	19
- Number of VP and up:	0
- Number of AM to AVP:	0
<ul> <li>Number of Staff to Supervisor:</li> </ul>	19

## c. Drug Free Workplace

Date Held:	June 18
Number of Hours:	2 hours
Number of Employees Eligible/Required to Join:	Not Applicable
Number of Employees who attended:	11
- Number of VP and up:	0
- Number of AM to AVP:	0
- Number of Staff to Supervisor:	11

#### d. Tuberculosis Prevention and Control

Date Held:	June 18
Number of Hours:	2 hours
Number of Employees Eligible/Required to Join:	Not Applicable
Number of Employees who attended:	11
- Number of VP and up:	0
- Number of AM to AVP:	0
- Number of Staff to Supervisor:	11

## e. First Aid and Basic Life Support Training

Dates Held:	Nov. 15-16
Number of Hours:	16 hours
Number of Employees Eligible/Required to Join:	Not Applicable
Number of Employees who attended:	7
- Number of VP and up:	0
- Number of AM to AVP:	0
<ul> <li>Number of Staff to Supervisor:</li> </ul>	7

## 2. Annual Compliance Refresher Training (Computer Based Training)

## a. Regional Compliance Standards

Dates Held:	Aug. 15- Sep. 15
Number of Hours:	Not Applicable
Number of Employees Eligible/Required to Join:	655
Number of Employees who attended:	651
- Number of VP and up:	28
- Number of AM to AVP:	186
<ul> <li>Number of Staff to Supervisor:</li> </ul>	437

## b. Speak Out

Dates Held:	Aug. 15- Sep. 15
Number of Hours:	Not Applicable
Number of Employees Eligible/Required to Join:	654
Number of Employees who attended:	647
- Number of VP and up:	28
- Number of AM to AVP:	184
- Number of Staff to Supervisor:	435

## c. Corporate Governance Manual

Dates Held:	Oct. 6 – Nov. 3
Number of Hours:	Not Applicable
Number of Employees Eligible/Required to Join:	619
Number of Employees who attended:	619
- Number of VP and up:	29
- Number of AM to AVP:	181
<ul> <li>Number of Staff to Supervisor:</li> </ul>	409

#### d. Anti-Money Laundering and Counter-Terrorist Financing

Dates Held:	Sep. 15- Oct. 12
Number of Hours:	Not Applicable
Number of Employees Eligible/Required to Join:	650
Number of Employees who attended:	648
- Number of VP and up:	28
- Number of AM to AVP:	186
- Number of Staff to Supervisor:	434

#### e. Corporate Governance and Corporate Governance Manual

Dates Held:	Sep. 15- Oct. 12
Number of Hours:	Not Applicable
Number of Employees Eligible/Required to Join:	650
Number of Employees who attended:	645
- Number of VP and up:	28
- Number of AM to AVP:	187
<ul> <li>Number of Staff to Supervisor:</li> </ul>	430

#### f. Inside Information Policy and Information Barriers Policy

Dates Held:	Sep. 15- Oct. 12
Number of Hours:	Not Applicable
Number of Employees Eligible/Required to Join:	665
Number of Employees who attended:	620
- Number of VP and up:	33
- Number of AM to AVP:	181
- Number of Staff to Supervisor:	406

# g. Anti-Bribery and Corruption

Dates Held:	Oct. 12 – Nov. 9
Number of Hours:	Not Applicable
Number of Employees Eligible/Required to Join:	649
Number of Employees who attended:	645
- Number of VP and up:	28
- Number of AM to AVP:	187
- Number of Staff to Supervisor:	430

# h. Conflicts of Interest

Dates Held:	Oct. 12 – Nov. 9
Number of Hours:	Not Applicable
Number of Employees Eligible/Required to Join:	648
Number of Employees who attended:	641
- Number of VP and up:	28
- Number of AM to AVP:	187
- Number of Staff to Supervisor:	426

### i. Fraud Prevention and Awareness

Dates Held:	Oct. 12 – Nov. 9
Number of Hours:	Not Applicable
Number of Employees Eligible/Required to Join:	649
Number of Employees who attended:	642
- Number of VP and up:	28
- Number of AM to AVP:	187
<ul> <li>Number of Staff to Supervisor:</li> </ul>	427

## j. PCA Competition Law Policy

Dates Held:	Oct. 12 – Nov. 9
Number of Hours:	Not Applicable
Number of Employees Eligible/Required to Join:	699
Number of Employees who attended:	618
- Number of VP and up:	29
- Number of AM to AVP:	181
<ul> <li>Number of Staff to Supervisor:</li> </ul>	408

#### 3. Technical

## a. Achieving Trainer Excellence

Dates Held:	Mar. 5-7 and Apr. 10-12
Number of Hours:	24 hours per session, 48 hours
	total
Number of Employees Eligible/Required to Join:	Not a required course
Number of Employees who attended:	18
- Number of VP and up:	0
- Number of AM to AVP:	3
<ul> <li>Number of Staff to Supervisor:</li> </ul>	15

#### b. Advanced Microsoft Excel

Dates Held:	Mar 22-23 and Sep 13-14
Number of Hours:	16 hours per session, 32 hours
	in total
Number of Employees Eligible/Required to Join:	Not a required course
Number of Employees who attended:	33
- Number of VP and up:	0
- Number of AM to AVP:	0
- Number of Staff to Supervisor:	33

## c. Data Storytelling for Business

Dates Held:	Oct. 18-19
Number of Hours:	16 hours per session, 16 hours
	in total
Number of Employees Eligible/Required to Join:	Not a required course
Number of Employees who attended:	26
- Number of VP and up:	1
- Number of AM to AVP:	4
- Number of Staff to Supervisor:	21

#### 4. Business Communications

## a. Business Communications I: Foundations of Business English

Dates Held:	Aug. 9 and Nov. 14
Number of Hours:	8 hours per session, 16 hours in
	total
Number of Employees Eligible/Required to Join:	Not Applicable
Number of Employees who attended:	38
<ul> <li>Number of VP and up:</li> </ul>	0
- Number of AM to AVP:	1
<ul> <li>Number of Staff to Supervisor:</li> </ul>	37

#### b. Business Communications IIA: Effective Business Writing

Dates Held:	Jun. 26-27
Number of Hours:	16 hours per session, 16 hours in total
Number of Employees Eligible/Required to Join:	Not Applicable
Number of Employees who attended:	13
- Number of VP and up:	0
- Number of AM to AVP:	0
- Number of Staff to Supervisor:	13

## c. Business Communications IIB: Delivering High Impact Presentations

Dates Held:	May 23-24 and Nov. 8-9
Number of Hours:	16 hours per session, 32 hours
	in total
Number of Employees Eligible/Required to Join:	Not Applicable
Number of Employees who attended:	27
<ul> <li>Number of VP and up:</li> </ul>	0
- Number of AM to AVP:	3
<ul> <li>Number of Staff to Supervisor:</li> </ul>	24

## 5. Personal Effectiveness

#### a. Harnessing the Power of EQ in Employee Engagement

Dates Held:	Feb. 15, Apr. 23, Jul. 17, Oct. 26
Number of Hours:	8 hours per session, 32 hours
	total
Number of Employees Eligible/Required to Join:	368
Number of Employees who attended:	76
- Number of VP and up:	0
- Number of AM to AVP:	0
<ul> <li>Number of Staff to Supervisor:</li> </ul>	76

#### b. Harnessing the Power of Emotional Intelligence in Leadership

Dates Held:	Feb. 19, Sep. 24, Oct. 4,
Number of Hours:	8 hours per session, 24 hours
	total
Number of Employees Eligible/Required to Join:	140
Number of Employees who attended:	59
- Number of VP and up:	3
- Number of AM to AVP:	47
<ul> <li>Number of Staff to Supervisor:</li> </ul>	9

# c. 7 Habits of Highly Effective People

Dates Held:	Feb. 21-23, Apr. 18-20,
	Apr 24-26, May 16-18,
	Jul. 24-26, Aug. 8-10,
	Sep. 11-13, and Oct. 10-12
Number of Hours:	24 hours per session, 192 hours
	in total
Number of Employees Eligible/Required to Join:	413
Number of Employees who attended:	149
- Number of VP and up:	2
- Number of AM to AVP:	33
<ul> <li>Number of Staff to Supervisor:</li> </ul>	114

## d. Discovery: Knowing Your Strengths

Dates Held:	Mar. 14, May 23, Sep. 21
Number of Hours:	8 hours per session, 24 hours in
	total
Number of Employees Eligible/Required to Join:	464
Number of Employees who attended:	56
- Number of VP and up:	0
- Number of AM to AVP:	0
- Number of Staff to Supervisor:	56

# e. Generations in the Workplace: Leveraging Age Diversity

Dates Held:	Mar. 21, May 23, Aug. 24, Oct.
	10
Number of Hours:	4.5 hours per session, 18 hours
	in total
Number of Employees Eligible/Required to Join:	611
Number of Employees who attended:	72
- Number of VP and up:	2
- Number of AM to AVP:	14
- Number of Staff to Supervisor:	56

## f. This or That (Making High Quality Decisions)

Dates Held:	Jun. 22, Sep. 18
Number of Hours:	8 hours per session, 16 hours in
	total
Number of Employees Eligible/Required to Join:	464
Number of Employees who attended:	40
- Number of VP and up:	0
- Number of AM to AVP:	0
- Number of Staff to Supervisor:	40

## g. Embracing Transformation (Fostering Innovation)

Dates Held:	Apr. 10, Sep. 10
Number of Hours:	8 hours per session, 16 hours in
	total
Number of Employees Eligible/Required to Join:	464
Number of Employees who attended:	34
<ul> <li>Number of VP and up:</li> </ul>	0
- Number of AM to AVP:	0
- Number of Staff to Supervisor:	34

## 6. Team Effectiveness

## a. Creating Connections (Commitment & Accountability @ work)

Dates Held:	Jul. 12-13, Sep. 20-21
Number of Hours:	16 hours per session, 32 hours
	total
Number of Employees Eligible/Required to Join:	611
Number of Employees who attended:	40
- Number of VP and up:	0
- Number of AM to AVP:	0
- Number of Staff to Supervisor:	40

# 7. New People Manager

## a. Managing at Pru

Dates Held:	Feb. 19-21, May 8-10
Number of Hours:	20 hours per session, 40 hours
	in total
Number of Employees Eligible/Required to Join:	Not Applicable
Number of Employees who attended:	21
- Number of VP and up:	0
- Number of AM to AVP:	14
<ul> <li>Number of Staff to Supervisor:</li> </ul>	7

## 8. Manager and Leader Series

## a. Fostering Innovation

Dates Held:	Jun. 19, Oct. 11
Number of Hours:	8 hours per session, 16 hours in
	total
Number of Employees Eligible/Required to Join:	105
Number of Employees who attended:	39
- Number of VP and up:	0
- Number of AM to AVP:	39
<ul> <li>Number of Staff to Supervisor:</li> </ul>	

## b. Making High Quality Decisions

Dates Held:	Jun. 20, Oct. 12
Number of Hours:	8 hours per session, 16 hours in
	total
Number of Employees Eligible/Required to Join:	100
Number of Employees who attended:	34
- Number of VP and up:	0
- Number of AM to AVP:	34
- Number of Staff to Supervisor:	0

# c. Discovery: Knowing Your Strengths / 4 Disciplines of High Performance Leaders

Dates Held:	Mar. 20-22, Sep. 17-19
Number of Hours:	20 hours per session, 40 hours
	in total
Number of Employees Eligible/Required to Join:	159
Number of Employees who attended:	39
- Number of VP and up:	0
- Number of AM to AVP:	39
<ul> <li>Number of Staff to Supervisor:</li> </ul>	0

### d. Instilling a Culture of Innovation

Dates Held:	Apr. 18
Number of Hours:	8 hours per session, 8 hours in
	total
Number of Employees Eligible/Required to Join:	Not Applicable
Number of Employees who attended:	10
<ul> <li>Number of VP and up:</li> </ul>	3
- Number of AM to AVP:	7
<ul> <li>Number of Staff to Supervisor:</li> </ul>	0

## e. Leadership Greatness

Dates Held:	Oct. 9-11
Number of Hours:	24 hours per session, 24 hours
	in total
Number of Employees Eligible/Required to Join:	71
Number of Employees who attended:	18
- Number of VP and up:	3
- Number of AM to AVP:	15
<ul> <li>Number of Staff to Supervisor:</li> </ul>	0

## f. Managing the Performance of Others

Dates Held:	Jul. 12-13
Number of Hours:	16 hours per session, 16 hours
	in total
Number of Employees Eligible/Required to Join:	230
Number of Employees who attended:	19
- Number of VP and up:	0
- Number of AM to AVP:	19
- Number of Staff to Supervisor:	0

# g. Coaching for Success

Dates Held:	Jun 19-20, Jul. 17-18
Number of Hours:	16 hours per session, 32 hours
	in total
Number of Employees Eligible/Required to Join:	25
Number of Employees who attended:	21
- Number of VP and up:	5
- Number of AM to AVP:	16
- Number of Staff to Supervisor:	0